

U.S.A. SUICIDE: 2023 OFFICIAL FINAL DATA

	Number	Per Day	Rate	% of Deaths	Group (Number of Suicides)	Rate
Nation	49,316	135.1	14.7	1.6	White Male (33,600)	26.8
Males	39,046	107.0	23.6	2.4	White Female (8,659)	6.8
Females	10,270	28.1	6.1	0.7	Black/African American Male (3,267)	14.8
Whites	42,259	115.8	16.8	1.6	Black/African American Female (820)	3.5
Blacks/African American	4,087	11.2	8.9	1.0	Asian (1,443)	6.7
American Indian/Alaska Native	637	1.7	14.2	2.8	Native Hawaiian/Other Pacific Islander (142)...	15.8
Older Adults (65+ yrs.)	10,437	28.6	17.6	0.5	More than One Race (748)	7.2
Young (15-24 yrs.)	5,936	16.3	13.5	17.6	Hispanic/Latino (5,281)	8.1
Middle Aged (45-64 yrs.)	15,469	42.4	18.8	2.8	Non-Hispanic/Latino (43,856)	16.3

Fatal Outcomes (Suicides): a 0.7% rate decrease was seen from 2022 to 2023 • most groups decreased; increases for Black/African American both sexes

- Average of 1 person every 10.7 minutes died by suicide — 1 male every 13.5 minutes, 1 female every 51.2 minutes
- Average of 1 older adult every 50.4 minutes died by suicide; Average of 1 middle aged adult every 34.0 minutes
- Average of 1 young person every 1 hour and 28.5 minutes died by suicide. (If the 487 suicides below age 15 are included, 1 young person every 1 hour and 21.8 minutes)
- 11th ranking cause of death in U.S.— 2nd for **young** ----->> **Leading Causes of Death 15-24 yrs**
- 3.80 male deaths by suicide for each female death by suicide.
- Suicide ranks 11th as a cause of death; Homicide ranks 16th

Nonfatal Outcomes (Attempt Survivors§) (figures are estimates):

- 2023 SAMHSA study: 1.5 million adults (age 18 and up) and 856,000 adolescents (12-17 years old)
- 2023 SAMHSA study: a total of 2,356,000 self-reported suicide attempts (adults and adolescents)
- Translates to 1 every 21.0 seconds for adults, 1 every 36.8 seconds for adolescents, 1 every 13.4 seconds for ages ≥12
- 3 female attempts for each male attempt

Postvention (Exposure and Survivors of Suicide Loss)

Exposed ("Affected") – those who “know” someone personally who has died by suicide † (figures are estimates)

°Recent (Cerel et al., 2019) research-based estimate suggests that for each suicide death →135 people are *exposed* (for 2023, 6.7 million annually) – among the exposed there are subgroups with a variety of effect levels (see Cerel et al., 2014) – as many as 40-50% of the population have been exposed to suicide in their lifetime based on a 2016 representative sample’s results (Feigelman et al., 2017)

Suicide Loss Survivors (those bereaved of suicide - definition below): † (figures are estimates) [Subgroup of “Exposed” above]

°Survivors of Suicide Loss = experience high levels of distress for a considerable length of time after exposure (Jordan & McIntosh, 2011)

°Among those exposed to a death by suicide, *more than 6* experience a major life disruption (loss survivors; a low, non-research based estimate see Cerel et al., 2019)

- If each suicide has devastating effects and intimately affects > 6 other people, there are **over 295,000 loss survivors a year**
- Based on the 985,772 suicides from 1999 through 2023, therefore, the number of *survivors of suicide loss* in the U.S. is *more than 5.9 million* (1 of every 57 Americans in 2023); number grew by more than 295,896 in 2023
- If there is a suicide every 10.7 minutes, then there are *more than 6* new loss survivors every 10.7 minutes as well

Suicide Methods	Number	Rate	Percent of Total		Number	Rate	Percent of Total
Firearm suicides (1st)	27,300	8.2	55.4%	All but Firearms	22,016	6.6	44.6%
Suffocation/Hanging (2nd)	12,023	3.6	24.4%	Fall (4th)	1,297	0.4	2.6%
Poisoning (3rd)	5,944	1.8	12.1%	All Other Means	2,752	0.8	5.6%

U.S.A. Suicide Rates 2013-2023													15 Leading Causes of Death in the U.S.A., 2023				
Group/ Age	2013	2014	2015	2016	2017	2018	2019	2020	2021	2022	2023	Group/ Age	(total of 3,090,964 deaths; 922.9 rate)				
													Rank	& Cause of Death	Rate	Deaths	
5-14	1.0	1.0	1.0	1.1	1.3	1.5	1.3	1.5	1.5	1.2	1.2	5-14	1	Diseases of heart (heart disease)	203.3	680,981	
15-24	11.1	11.6	12.5	13.2	14.5	14.5	13.9	14.2	15.2	13.6	13.5	15-24	2	Malignant neoplasms (cancer)	183.1	613,352	
25-34	14.8	15.1	15.7	16.5	17.5	17.6	17.5	18.4	19.5	19.0	18.6	25-34	3	Accidents (unintentional injuries)	66.5	222,698	
35-44	16.2	16.6	17.1	17.4	17.9	18.2	18.1	17.4	18.1	18.7	19.2	35-44	4	Cerebrovascular diseases (stroke)	48.6	162,639	
45-54	19.7	20.2	20.3	19.7	20.2	20.0	19.6	18.0	18.2	19.2	18.9	45-54	5	Chronic lower respiratory diseases	43.4	145,357	
55-64	18.1	18.8	18.9	18.7	20.0	20.2	19.4	16.9	17.0	18.7	18.7	55-64	6	Alzheimer disease	34.0	114,034	
65-74	15.0	15.6	15.2	15.4	15.6	16.3	15.5	14.5	15.3	16.0	15.7	65-74	7	Diabetes mellitus (diabetes)	28.4	95,190	
75-84	17.1	17.5	17.9	18.2	18.0	18.7	18.6	18.4	19.6	20.3	19.4	75-84	8	Nephritis, nephrosis (kidney disease)	16.5	55,253	
85+	18.6	19.3	19.4	19.0	20.1	19.1	20.1	20.9	22.4	23.0	22.7	85+	9	Chronic liver disease and cirrhosis	15.6	52,222	
65+	16.1	16.7	16.6	16.7	16.8	17.4	17.0	16.4	17.3	18.1	17.6	65+	10	COVID-19	14.9	49,932	
Total	13.0	13.4	13.7	13.9	14.5	14.8	14.5	14.0	14.5	14.8	14.7	Total	11	Suicide [Intentional Self-Harm]	14.7	49,316	
Men	20.6	21.1	21.5	21.8	22.9	23.4	23.0	22.5	23.3	23.8	23.6	Men	12	Influenza & pneumonia	13.5	45,185	
Women	5.7	6.0	6.2	6.2	6.3	6.4	6.2	5.6	5.9	6.1	6.1	Women	13	Essential hypertension and renal disease	12.7	42,374	
White	14.9	15.5	15.8	15.9	16.5	16.8	16.4	15.7	16.5	16.9	16.8	White	14	Septicemia	12.5	41,710	
Nonwh	6.0	6.0	6.3	6.8	7.2	7.5	7.6	7.8	8.4	8.6	8.5	NonWh	15	Parkinson's disease	12.0	40,174	
Black	5.4	5.5	5.6	6.1	6.7	7.2	7.2	7.6	8.4	8.7	8.9	Black	-	All other causes (Residual; > 15)	203.2	680,547	
45-64	19.0	19.5	19.6	19.2	19.6	20.1	19.5	17.4	17.6	19.0	18.8	45-64	16	Homicide (Assault)	6.8	22,830	

- Older adults made up 17.7% of 2023 population, but 21.2% of suicides • Young made up 13.1% of 2023 population and 12.0% of suicides •
- Middle Aged made up 24.6% of the 2023 population, but were 31.4% of suicides •
- 1,395,220* Years of Potential Life Lost (YPLL) Before Age 75 (44,340 of 49,316 suicides are below age 75)
- * alternate YPLL figure: 1,389,628 using individual years in calculations rather than 10-year age groups as above.

Many figures appearing here are derived or calculated from data in the following *official data sources*: downloaded 13 January 2025 from CDC’s WONDER website: <https://wonder.cdc.gov>. • Other references cited on this page are listed on the State Data Page. •

suicide rate = (number of suicides by group / population of group) X 100,000
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 § Alternate terms = **Survivors of Suicide Attempts** or those with **Lived Experience** (of suicide attempt)

Suicide Data Page: 2023
 14 January 2025 • revised 9 March 2025

Rate, Number, and Ranking of Suicide for Each U.S.A. State*, 2023

Rank	State [Division / Region]	Deaths	Rate	Division [Abbreviation]	Rate	Number
1	Alaska [P / West]	206	28.1	Mountain [M]	21.8.....	5,615
2	Montana [M / West]	310	27.4	East South Central [ESC]	17.3.....	3,418
3	Wyoming [M / West]	157	26.9	West North Central [WNC].....	16.7.....	3,635
4	Idaho [M / West]	460	23.4	West South Central [WSC]	15.7.....	6,620
5	New Mexico [M / West]	489	23.1	East North Central [ENC]	14.8.....	6,995
6	Colorado [M / West]	1,297	22.1	South Atlantic [SA]	14.8.....	10,081
7	Oklahoma [WSC / South]	893	22.0	Nation	14.7.....	49,316
8	Nevada [M / West]	690	21.6	Pacific [P]	12.8.....	6,804
9	Oregon [P / West]	888	21.0	New England [NE]	11.5.....	1,746
10	Utah [M / West]	706	20.7	Middle Atlantic [MA]	10.5.....	4,402
11	Arkansas [WSC / South]	626	20.4	Region [Subdivision Abbreviations]	Rate	Number
12	Arizona [M / West]	1,506	20.3	West (M, P)	15.7.....	12,419
13	South Dakota [WNC / Midwest]	181	19.7	South (ESC, WSC, SA)	15.5.....	20,119
13	West Virginia [SA / South}	349	19.7	Midwest (WNC, ENC)	15.4.....	10,630
15	Maine [NE / Northeast]	274	19.6	Nation	14.7.....	49,316
16	Kansas [WNC / Midwest]	569	19.4	Northeast (NE, MA)	10.8.....	6,148
17	Vermont [NE / Northeast]	125	19.3			
18	Missouri [WNC / Midwest]	1,143	18.4			
19	North Dakota [WNC / Midwest]	142	18.1			
20	Kentucky [ESC / South]	813	18.0			
21	Tennessee [ESC / South]	1,279	17.9			
22	Indiana [ENC / Midwest]	1,187	17.3			
23	Alabama [ESC / South]	869	17.0			
24	Washington [P / West]	1,287	16.5			
25	Florida [SA / South]	3,620	16.0			
26	New Hampshire [NE / Northeast]	221	15.8			
27	Iowa [WNC / Midwest]	504	15.7			
27	Louisiana [WSC / South]	719	15.7			
29	Wisconsin [ENC / Midwest]	920	15.6			
30	Hawaii [P / West]	223	15.5			
30	Mississippi [ESC / South]	457	15.5			
32	Michigan [ENC / Midwest]	1,529	15.2			
32	Ohio [ENC / Midwest]	1,792	15.2			
32	Pennsylvania [MA / Northeast]	1,976	15.2			
32	South Carolina [SA / South]	818	15.2			
36	Georgia [SA / South]	1,670	15.1			
37	North Carolina [SA / South]	1,597	14.7			
	Nation	49,316	14.7			
38	Nebraska [WNC / Midwest]	284	14.4			
38	Texas [WSC / South]	4,382	14.4			
40	Virginia [SA / South]	1,243	14.3			
41	Minnesota [WNC / Midwest]	812	14.2			
42	Delaware [SA / South]	144	14.0			
43	Illinois [ENC / Midwest]	1,567	12.5			
44	California [P / West]	4,200	10.8			
45	Rhode Island [NE / Northeast]	112	10.2			
46	Connecticut [NE / Northeast]	356	9.8			
47	Maryland [SA / South]	599	9.7			
48	Massachusetts [NE / Northeast]	658	9.4			
49	New York [MA / Northeast]	1,717	8.8			
50	New Jersey [MA / Northeast]	709	7.6			
51	District of Columbia [SA / South]	41	6.0			

Caution: Annual fluctuations in state levels combined with often relatively small populations can make these data highly variable. The use of several years' data is preferable to conclusions based on single years alone.

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Source: Obtained 13 January 2025 from CDC/NCHS's *WONDER* (to appear in *Deaths: Final Data for 2023*, forthcoming)
<http://www.cdc.gov/nchs/products/nvsr.htm>

[data are by place of residence]

[Suicide = ICD-10 Codes X60-X84, Y87.0, U03]

Note: All rates are per 100,000 population.

* Including the District of Columbia.

Suicide State Data Page: 2023

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These sheets posted online at:

<https://www.thencsp.org/suicide-statistics> &

Other suicide data, and an archive of state data, appear at the website:

<https://jmcintos.pages.iu.edu/SuicideDataCompiled.htm>

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