

USA State Suicide Rates and Rankings by Life Periods — Young, Young Adults, Middle Aged Adults and Older Adults, 2023

Young (5-24 years)			Young Adults (25-44 years)			Middle Aged Adults (45-64 years)			Older Adults (65+ years)		
Rank	State	Rate	Rank	State	Crude Rate	Rank	State	Crude Rate	Rank	State	Rate
1	Alaska	22.5	1	Alaska	37.1	1	Wyoming	40.6	1	Nevada	34.9
2	Wyoming	20.4	2	South Dakota	35.3	2	Montana	38.9	2	Alaska	31.3
3	New Mexico	18.6	3	New Mexico	34.7	3	Utah	32.1	3	Idaho	28.7
4	Montana	15.0	4	Montana	33.2	4	Idaho	29.3	4	Montana	28.5
5	Idaho	14.6	5	Oklahoma	31.4	5	Alaska	28.6	5	Oregon	28.0
6	North Dakota	13.9	6	Utah	29.9	6	Colorado	27.9	6	Arizona	26.8
7	Colorado	11.5	7	Arkansas	29.8	7	Oklahoma	26.9	7	West Virginia	26.3
8	Oklahoma	11.4	8	Idaho	29.3	8	Nevada	26.6	8	Oklahoma	25.8
9	South Dakota	11.2	9	Wyoming	29.1	9	Kansas	26.3	9	Vermont	25.2
10	Kansas	10.9	10	Kansas	29.0	10	Maine	25.5	10	Colorado	24.8
11	Kentucky	10.3	11	Vermont	28.5	11	Arkansas	25.0	11	Arkansas	23.6
11	Oregon	10.3	12	Colorado	28.4	12	Missouri	24.6	12	Wyoming	23.2
13	Maine	10.1	13	Arizona	27.0	13	West Virginia	24.5	13	Kentucky	22.6
14	Utah	10.0	14	West Virginia	26.2	14	Arizona	23.8	14	Tennessee	21.9
15	Arkansas	9.5	15	Oregon	26.1	15	Oregon	23.7	15	New Mexico	21.5
15	Iowa	9.5	16	Maine	25.2	15	South Dakota	23.7	16	Florida	21.4
15	Nevada	9.5	17	North Dakota	24.5	17	Tennessee	23.0	17	Mississippi	20.7
18	Nebraska	9.4	18	Missouri	24.3	18	Indiana	22.7	17	Missouri	20.7
18	North Carolina	9.4	19	Indiana	23.7	19	New Mexico	21.7	19	Alabama	20.3
20	Alabama	9.3	20	Kentucky	23.6	20	Alabama	21.4	20	Indiana	20.1
20	Tennessee	9.3	21	Nevada	23.4	20	Florida	21.4	21	Utah	19.7
22	Arizona	9.2	22	Hawaii	23.0	22	South Carolina	21.0	22	Maine	19.6
22	Missouri	9.2	23	Louisiana	22.9	23	Kentucky	20.9	23	North Dakota	19.5
24	New Hampshire	9.1	24	Tennessee	22.7	23	Nebraska	20.9	24	Washington	19.4
25	Mississippi	8.6	25	Alabama	22.1	25	Pennsylvania	20.7	25	Virginia	18.1
25	Vermont	8.6*	26	Washington	21.9	25	Wisconsin	20.7	26	Pennsylvania	18.0
27	Georgia	8.5	27	Michigan	21.8	27	New Hampshire	20.3	27	Georgia	17.8
28	Indiana	8.4	28	Mississippi	21.6	28	Iowa	19.9	28	Texas	17.6
28	Michigan	8.4	29	Iowa	21.4	28	North Dakota	19.9	Total - Older Adults		17.6
28	Ohio	8.4	30	Georgia	20.5	30	Louisiana	19.8	29	Louisiana	17.5
28	Virginia	8.4	30	Wisconsin	20.5	30	Ohio	19.8	30	North Carolina	17.0
32	Washington	8.3	32	Ohio	19.8	32	Hawaii	19.7	31	Iowa	16.6
33	Wisconsin	8.2	33	South Carolina	19.6	33	Minnesota	19.6	31	South Carolina	16.6
34	Hawaii	8.1	34	Nebraska	19.5	33	Washington	19.6	33	New Hampshire	16.5
34	Texas	8.1	35	Texas	19.4	Total - Middle Aged		18.8	33	Ohio	16.5
36	Minnesota	8.0	36	New Hampshire	18.9	35	North Carolina	18.7	35	Delaware	16.4
Total - Young		7.6	Total - Young Adults		18.9	36	Delaware	18.5	36	Wisconsin	16.3
37	Louisiana	7.3	37	Pennsylvania	18.8	37	Michigan	18.4	37	Kansas	16.2
38	South Carolina	7.2	38	Minnesota	18.4	37	Vermont	18.4	38	California	15.4
39	Pennsylvania	6.7	39	Florida	18.0	39	Georgia	18.3	38	Michigan	15.4
40	West Virginia	6.2	40	Delaware	17.7	40	Virginia	18.1	40	Illinois	14.3
41	Delaware	6.1*	40	North Carolina	17.7	41	Texas	17.9	41	Minnesota	13.9
42	Florida	6.0	42	Virginia	16.7	42	Mississippi	17.0	42	Hawaii	13.6
43	Illinois	5.7	43	Illinois	16.5	43	Illinois	16.5	43	South Dakota	12.4
44	California	5.2	44	Connecticut	13.1	44	Rhode Island	16.1	44	Rhode Island	11.3
45	Maryland	5.0	45	California	12.9	45	Connecticut	14.4	45	Nebraska	11.2
46	New Jersey	4.3	46	Maryland	12.5	45	Massachusetts	14.4	46	Maryland	10.9
47	Massachusetts	3.8	47	Rhode Island	12.3	47	California	13.4	47	Massachusetts	10.8
47	New York	3.8	48	New York	10.5	48	Maryland	12.6	48	New York	10.1
49	Connecticut	3.5	49	Massachusetts	10.4	49	New York	12.4	49	Connecticut	9.8
Deaths less than 10 for District of Columbia and Rhode Island			50	New Jersey	8.4	50	New Jersey	10.2	50	New Jersey	9.6
Young (5-24 years)			51	District of Columbia	7.7	51	District of Columbia	7.4*	Deaths less than 10 for District of Columbia		
			Young Adults (25-44 years)			Middle Aged Adults (45-64 years)			Older Adults (65+ years)		

Data source: CDC's WONDER website <https://wonder.cdc.gov/>; downloaded 5 February 2025

"Rate" refers to "Crude Rate" which are rates per 100,000 population

* Rates that are based on fewer than 20 deaths are considered "unreliable" by CDC standards

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